

Chisapani Nagarkot 2 Days Hike | Short Trekking in Nepal - 2 Days

The **Chisapani Nagarkot 2 Day Hike** is a short trek in the Himalayas near Kathmandu. It goes up to about 2,200 meters at Chisapani, making it one of the safest and easiest treks in Nepal. The trail goes through Shivapuri Nagarjun National Park, a protected area with over 159 square kilometers of forest, hills, and wildlife on the northern edge of Kathmandu Valley.

In just two days, trekkers walk through steady uphill paths, forests, ridge trails, and open Himalayan viewpoints without facing high altitude or tough terrain. This hike is perfect for people who want real trekking but don't want a long trip or complicated planning. You walk inside a national park with oak, pine, and rhododendron trees, spend the night in Chisapani village, and finish at Nagarkot, one of the best spots near Kathmandu to see Himalayan views.

With [Dolpo Caravan Treks](#), the route is well-paced, permits are arranged in advance, and licensed guides take care of safety, timing, and the trail. If you want a short trek with controlled altitude, easy terrain, and guaranteed scenery, this package is one of the best options in Nepal.

QUICK FACTS

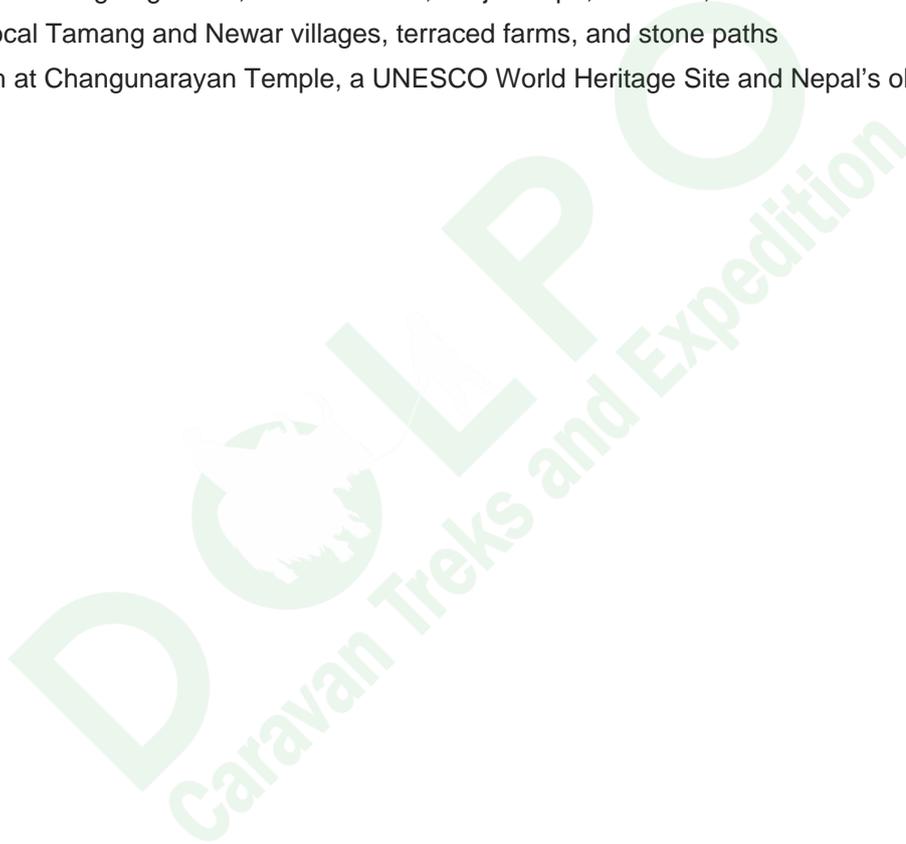
- **Trip Duration:** 2 days / 1 night
- **Total Walking Distance:** Approx. 20–22 km
- **Maximum Altitude:** 2,300 m (Nagarkot View Tower area)
- **Minimum Altitude:** 1,350 m (Kathmandu Valley)
- **Trek Difficulty:** Easy to moderate
- **Daily Walking Hours:** 5–6 hours per day
- **Accommodation:** Local teahouse/lodge (twin sharing)
- **Meals:** Breakfast, lunch, and dinner during the trek
- **Starting Point:** Kathmandu (hotel pickup)
- **Ending Point:** Kathmandu (private vehicle return)
- **Best Seasons:** Spring (March–May), Autumn (September–November)
- **Permits Required:** Shivapuri Nagarjun National Park Permit
- **Ideal For:** Beginners, short Himalayan trekking, Kathmandu day hike extensions

CHISAPANI NAGARKOT 2 DAYS HIKE HIGHLIGHTS

This short trek packs in a surprising amount of variety, making it one of the most rewarding short Himalayan trekking packages in Nepal.

- Trek through Shivapuri Nagarjun National Park, a protected area of 159 sq km, with dense forests, clean water, and lots of wildlife

-
- Walk through oak, pine, and rhododendron forests, which are really colorful in spring
 - Experience a real ridge hike with open mountain views instead of valley paths
 - Stay overnight in Chisapani village, a traditional hill village with great Himalayan views
 - Watch sunrise over the Himalayas from Nagarkot, one of Nepal's most famous viewpoints
 - On clear days, see Langtang Himal, Ganesh Himal, Dorje Lakpa, Manaslu, and even Everest in the distance
 - Walk through local Tamang and Newar villages, terraced farms, and stone paths
 - Optionally finish at Changuarayan Temple, a UNESCO World Heritage Site and Nepal's oldest Hindu temple



PRICE INCLUDES

- Private airport pickup and drop-off in Kathmandu
- Private vehicle transfers to Sundarimal and back from Nagarkot/Changunarayan
- Licensed, English-speaking trekking guide
- Shivapuri Nagarjun National Park permit
- Accommodation during the trek (twin-sharing in local lodges/teahouses)
- All meals during the trek (breakfast, lunch, dinner)
- Emergency support and communication access throughout the trek

PRICE EXCLUDES

- International airfare and Nepal visa fees
- Personal trekking gear (boots, jackets, trekking poles, etc.)
- Travel insurance (mandatory for medical coverage and evacuation)
- Tips for guides and porters
- Drinks, snacks, and personal purchases
- Optional cultural or sightseeing fees not specified in the itinerary

ITINERARY IN DETAIL

Day 1: Day 1: Kathmandu ? Chisapani Trek

Day 1 of the Chisapani Nagarkot 2 Days Hike balances comfort, forest walking, and Himalayan views. It starts with a hotel pickup in Kathmandu (or airport transfer if needed), then a 45–60 minute drive to Sundarijal, the official start of the trek. The trail starts around 1,350 meters and slowly goes up through stone and dirt paths into Shivapuri Nagarjun National Park.

Morning Departure from Kathmandu

After leaving Kathmandu, you pass small valley villages and terraced fields before reaching Sundarijal. Here, your park permit is checked. Your guide gives a short briefing on safety, pace, and wildlife spotting so everyone is ready for a moderate uphill hike. Walking from the start takes about 2–3 hours before reaching the first scenic viewpoints.

Hiking Through Shivapuri National Park

The trail goes up steadily through dense oak, pine, and rhododendron forests that give shade and a calm feeling. The path has stone steps and dirt trails, with small breaks at streams or viewpoints. Birds are everywhere, and monkeys are often seen near the forest edge.

Walking here lets trekkers experience Nepal's mid-hill forests with marked trails, clear signs, and few crowds. The moderate climb takes 3–4 hours, making it easy for beginners but still feeling like real trekking.

First Night in Chisapani

By early afternoon, you reach Chisapani village at about 2,200 meters. Lodges have twin-sharing rooms, hot meals, and clear Himalayan views on good days. Dinner includes local Nepali food with vegetarian and protein-rich options for energy.

Evening time can be used to take photos of Ganesh Himal and Langtang ranges, go over the trek with your guide, or just relax at the lodge. Staying overnight here gives enough rest before walking the ridge to Nagarkot the next day.

This day shows what the trek is like: moderate effort, guided walks, forest views, and the first Himalayan scenery. It's perfect for beginners or people with limited time.

Day 2: Day 2: Chisapani ? Nagarkot ? Return

Day 2 is the highlight of the Chisapani Nagarkot 2 Days Hike. You follow a ridge trail with amazing Himalayan views and optional cultural stops. After an early breakfast, you walk along a gentle ridge from 2,200 meters at Chisapani down a little to 2,175 meters, then slowly up toward Nagarkot View Tower at 2,175–2,200 meters. You walk about 10–12 km that day at a relaxed pace, with lots of stops for photos and short rests.

Trek to Nagarkot

The ridge walk from Chisapani to Nagarkot is open and scenic, showing 360-degree views of hills, terraced fields, and distant mountains. Along the way, you pass small villages and pine or rhododendron patches, mixing natural and

local sights. It usually takes 3–4 hours and is the easiest part of the trek.

Sunrise & Sunset Views

Nagarkot is famous for Himalayan sunrises. Arriving early lets you see the first light on Langtang, Ganesh Himal, Dorje Lakpa, Manaslu, and sometimes Everest. The view from Nagarkot View Tower or nearby ridges is perfect for photos and lasting memories. Staying until mid-morning gives soft sunlight over terraced fields and village roofs.

Cultural Stop at Changunarayan (Optional)

If you want some culture, you can walk down to Changunarayan Temple, a UNESCO World Heritage Site over 1,600 years old. It has detailed stone and wood carvings and is dedicated to Lord Vishnu. Visiting adds history and culture to your hike.

Return to Kathmandu

From Nagarkot or Changunarayan, a private vehicle takes you back to Kathmandu. The trip takes 1–2 hours, depending on traffic. Your guide makes sure everyone gets safely to their hotel or airport.

FAQ

1. How challenging is the Chisapani Nagarkot 2 Day Hike?

It's easy to moderate and good for beginners. Trails are clear with gentle slopes. The highest point is about 2,300 meters, so no altitude problems. Walking is 4–6 hours a day, which most healthy people can handle.

2. Which Himalayan peaks can I see from the route?

From Chisapani and Nagarkot, you can see Everest, Manaslu, Ganesh Himal, Langtang, and smaller hills and forests. Early mornings are usually the clearest, especially for sunrise at Nagarkot.

3. Do I need to carry heavy trekking gear?

No, just a light daypack with essentials — sturdy shoes, warm clothes, rain jacket, sunscreen, and water. Guides carry first-aid kits and permits.

4. Is prior hiking experience required?

Nope. The trek is beginner-friendly with gentle slopes and marked paths. Basic fitness, like walking for a few hours, is enough.

5. Are there any steep sections on the trail?

There are some uphill parts, mostly on the first day from Sundarijal to Chisapani, but they are not hard. Paths are safe and well-kept.

6. Can older adults or families do this trek?

Yes. The trek is good for families, older travelers, and solo hikers. Daily distances are short, lodges are comfortable, and there's no high-altitude risk.

7. When is the best time to hike Chisapani Nagarkot?

Spring (March–May) and autumn (September–November) are best. The weather is steady, and the skies are clear. Winter is colder, and the monsoon season can make trails slippery.

8. Is a guide necessary for this trek?

Not required, but highly recommended. Guides keep you safe, handle permits, and show the best viewpoints.

9. Are there safety risks I should know about?

The trail is mostly safe, but the weather can change things. Rain or fog can make paths slippery, and winter mornings are cold. Guides watch conditions and help as needed, keeping risks low.