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Putha Hiunchuli Expedition (7,246 m) - Dhaulagiri VII Climbing Adventure - 27 Days

The **Putha Hiunchuli Expedition** is a demanding Himalayan climbing journey into the remote Dolpo region of western Nepal. Rising to 7,246 meters, Mount Putha Hiunchuli, also known as Dhaulagiri VII, is widely regarded as one of the more accessible 7,000-meter peaks in Nepal. Despite the peak being known widely as one of the easier 7,000 meter peak, it still presents a genuine **high-altitude** challenge that requires solid preparation, experience, and determination. The route combines a long approach trek through isolated valleys with a structured expedition climb that rewards you with a true Himalayan summit.

At **Dolpo Caravan Treks**, we organize this expedition with careful acclimatization planning, reliable logistics, and experienced high-altitude guides to maximize safety and summit success. Our team has strong regional knowledge and expedition experience in Dolpo, allowing you to focus on the climb while we handle the operational details. If you are looking for a serious yet achievable 7,000-meter objective, the Putha Hiunchuli expedition provides the right balance of challenge and opportunity.

Start planning your Putha Hiunchuli Expedition with Dolpo Caravan Treks today. Book Now!

EXPEDITION AT A GLANCE

- **Peak:** Putha Hiunchuli (7,246 m) - Dhaulagiri VII
- **Region:** Remote Dolpo, Western Nepal
- **Duration:** 27-32 Days
- **Best Seasons:** Spring (March-May) & Autumn (September-November)
- **Max Altitude:** 7,246 m
- **Grade:** Challenging Expedition
- **Accommodation:** Teahouse & Full Camping Expedition
- **Ideal For:** Experienced high altitude climbers

OVERVIEW: WHY CLIMB PUTHA HIUNCHULI?

The **Mount Putha Hiunchuli expedition** is often seen as an ideal progression for climbers preparing for higher Himalayan objectives. It offers the altitude, exposure, and commitment expected from a major expedition while remaining less technical than many other peaks in the region. For climbers planning future attempts on 8,000 meter mountains, this climb provides valuable experience in expedition systems, rotation strategies, and high altitude performance.

What makes this peak particularly appealing is the environment surrounding it. The **journey into Dolpo** is long and remote, meaning the mountain receives far fewer climbers compared to well-known commercial routes. This allows for a quieter and more immersive expedition where you can move through untouched landscapes and establish camps without crowd pressure.

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trekkers-mountain-clim...

The combination of a true 7,000 meter summit, remote access, and structured climbing makes this expedition a strong choice for serious mountaineers. Unlike crowded mountains, this expedition gives you space, silence, and raw Himalayan beauty.

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PRICE INCLUDES

- Domestic flights (Kathmandu - Nepalgunj - Juphal)
- All ground transportation
- Experienced climbing guides and Sherpa support
- Putha Hiunchuli permit and National Park fees
- Full camping logistics and kitchen team
- Group climbing equipment
- Base Camp infrastructure

PRICE EXCLUDES

- International airfare
- Nepal visa fees
- Personal travel insurance (mandatory)
- Meals in Kathmandu
- Personal snacks and beverages
- Charging fees during the trek
- Tips and summit bonus

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ITINERARY IN DETAIL

Day 1: Day 01: Arrival in Kathmandu (1400 m / 4593 ft) & Transfer to Hotel

You land in Kathmandu and step into Nepal for the first time. At the airport, the expedition team will be there to welcome you and guide you to the hotel. Once checked in, you can relax, unpack, and shake off the travel fatigue.

In the evening, we gather for a short trip briefing to go over the plan and clear up any questions. After that, we enjoy a welcome dinner together. It's a simple start, but this is where your Putha Hiunchuli Expedition truly begins.

Day 2: Day 02: Preparation for the Expedition

Today is about getting everything ready before we head into the mountains. We do a full gear check, making sure nothing important is missing or damaged. If something needs to be adjusted or replaced, this is the time to handle it.

We also go through all the paperwork carefully, checking passports and documents, so everything is in order. The Putha Hiunchuli permit is processed and confirmed, so there are no last-minute issues. It may not be the most exciting day, but it sets the foundation for a smooth Putha Hiunchuli Expedition ahead.

Day 3: Day 03: Fly from Kathmandu (1400 m / 4593 ft) to Nepalgunj (150 m / 492 ft)

We leave the hills behind and take an afternoon flight down to Nepalgunj. It's a short ride, but you'll feel the difference right away. The air gets warmer, the land looks flat, and the whole atmosphere shifts.

Nepalgunj is our gateway before heading into the remote mountains. We stay overnight since the next mountain flight usually leaves early in the morning. It's a simple transition day. Rest, check your gear, and get ready. Tomorrow, the real journey begins.

Day 4: Day 04: Fly to Juphal (2475 m / 8120 ft) & Trek to Dunai (2140 m / 7021 ft)

We take an early morning mountain flight from Nepalgunj to Juphal. The plane moves between hills and ridges, and if the sky is clear, you'll spot snow peaks in the distance. That's the moment it sinks in. The Mount Putha Hiunchuli expedition has truly begun.

After landing at the small hillside airstrip in Juphal, we start our first walk. The trail down to Dunai is gentle and mostly downhill, passing villages and farmland along the way. It's an easy day, just enough to loosen up your legs before the real Putha Hiunchuli climbing adventure kicks in.

Day 5: Day 05: Dunai (2140 m / 7021 ft) to Tarakot (2540 m / 8333 ft)

We leave Dunai in the morning and follow the riverside trail at a steady pace. The climb is gradual, nothing too hard, but you can feel the altitude increasing bit by bit. It's a simple walking day where you just find your rhythm and keep going.

The trail sticks close to the river, crossing small bridges and passing through quiet villages with traditional houses and fields. By the time we reach Tarakot, the air feels cooler and the landscape more rugged. The Putha Hiunchuli Expedition slowly takes you deeper into the mountains, one step at a time.

Day 6: Day 06: Tarakot (2540 m / 8333 ft) to Musi Khola (3180 m / 10433 ft)

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We leave Tarakot and continue deeper into the Dolpo region, following the river through narrow valleys and rugged terrain. The trail is steady with a gradual climb, and you'll start to feel the gain in altitude as the air gets thinner.

It's a long but manageable walking day. Fewer settlements, more wilderness. By the time we reach Musi Khola, it's clear we're moving into truly remote mountain territory on this Putha Hiunchuli Expedition.

Day 7: Day 07: Musi Khola (3180 m / 10433 ft) to Kagkot (3430 m / 11253 ft)

We leave Musi Khola and continue trekking through open valleys and raw mountain terrain. The trail feels more isolated now, with fewer settlements and long stretches of untouched landscape. It's quiet out here. Just the river, the wind, and your footsteps.

The climb is steady as we move higher toward Kagkot. You'll notice the surroundings getting wider and more rugged. This is where the Putha Hiunchuli Expedition starts to feel truly remote, far from roads and busy villages.

Day 8: Day 08: Rest Day at Kagkot (3430 m / 11253 ft)

Today is a planned rest and logistics day. We stay in Kagkot to let the body recover and adjust to the altitude. It's important to give yourself time here, even if you feel fine. Slow progress now helps later during Putha Hiunchuli climbing.

The team also handles logistics, checks supplies, and rotates porters if needed. Gear is reorganized, loads are balanced, and plans are confirmed for the higher sections of the Putha Hiunchuli Expedition. It's a quiet but necessary day before moving further up.

Day 9: Day 09: Kagkot (3430 m / 11253 ft) to Panjing (3850 m / 12631 ft)

We leave Kagkot and continue climbing steadily toward Panjing. The landscape starts to change today. Trees thin out, the air feels sharper, and the valleys open wide around you. It's more alpine now, raw and spacious.

The trail is gradual but consistent, so we keep a slow and steady pace. Wide valley views stretch in every direction, and the mountains feel closer than ever. With each step, the Putha Hiunchuli Expedition moves higher into true high altitude terrain.

Day 10: Day 10: Panjing (3850 m / 12631 ft) to German Base Camp (4650 m / 15256 ft)

We leave Panjing and head toward German Base Camp, gaining serious altitude today. The trail becomes rougher, and the landscape shifts again. Green valleys fade out, and rocky ground takes over. You'll start seeing glacier terrain ahead, and that's when it feels real.

The climb is steady and demanding, so we move slowly and stay hydrated. By the time we reach German Base Camp, the surroundings are cold, open, and dominated by ice and moraine. This is where the Mount Putha Hiunchuli expedition begins to feel like a true high mountain journey.

Day 11: Day 11: German Base Camp (4650 m / 15256 ft) to Putha Base Camp (4900 m / 16076 ft)

We leave German Base Camp and make the steady push up to Putha Base Camp. The trail moves across moraine and glacier sections, so footing can feel uneven at times. It's not a long distance, but the altitude makes every step

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count. Slow and steady is the rule here.

Once we reach Putha Base Camp, the real setup begins. Tents go up, gear gets organized, and the team prepares the site for the coming days of Putha Hiunchuli climbing. This becomes our main hub for the Mount Putha Hiunchuli expedition from here onward.

Day 12: Day 12: Rest & Acclimatization at Putha Base Camp (4900 m / 16076 ft)

Today is all about adjusting to the altitude. We take short hikes around base camp to help the body adapt, then return to rest. It may feel slow, but this step is key to a safe Putha Hiunchuli Expedition.

We also spend time practicing rope skills and checking climbing equipment. Harnesses, crampons, ice axes, everything gets reviewed and adjusted. These small preparations make a big difference before moving higher on Putha Hiunchuli 7246m.

Day 13: Day 13 to 17: Climbing Rotations between Camp I, Camp II, and Camp III

These days are all about rotation climbs. We move up to Camp I, then higher to Camp II and Camp III, and come back down to rest at base camp. Up and down. Again and again. It might sound repetitive, but this is how your body adjusts to Putha Hiunchuli climbing.

During each rotation, we review technical sections, practice rope movement, and double-check gear. Small mistakes at high altitude can turn big fast, so we stay sharp. This staged approach builds strength, improves acclimatization, and prepares the team properly for the final push on Putha Hiunchuli 7246m.

Day 14: Day 18: Summit Mount Putha Hiunchuli (7246 m / 23773 ft)

We start very early. Still dark. Headlamps on. The climb begins in true alpine style, moving slowly and steadily toward the top. Every step feels heavier at this altitude, but this is what the whole Mount Putha Hiunchuli expedition has been building toward.

The final stretch demands focus and patience. Then, if everything goes as planned, you stand on the summit of Putha Hiunchuli, 7246m. It’s a huge moment. After taking it in, we begin the careful descent back down to Camp I.

Day 15: Day 19: Contingency Day at High Camp

This day is kept as a weather buffer. In the mountains, things don’t always go exactly as planned. Wind can pick up, snow can roll in, or conditions may not feel right for a safe summit push. So we build in flexibility.

If the summit was already successful, we will use this time to rest and begin moving down safely. If not, this day gives us another window to attempt the top. On a Putha Hiunchuli Expedition, patience is part of the strategy.

Day 16: Day 20: Descend to Putha Base Camp (4900 m / 16076 ft) & Packing

We make our way down carefully to Putha Base Camp after the high camp phase. The descent feels lighter, but we still move cautiously. Fatigue can sneak in after summit efforts, so we stay focused until we’re safely back.

Once at base camp, we begin packing up the expedition setup. Tents come down, gear gets sorted, and loads are prepared for porters. It’s the official wind-down of the climbing phase of the Putha Hiunchuli Expedition.

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Day 17: Day 21 to 24: Return Trek via Kagkot, Lasicap & Dunai

We retrace our steps, moving back through Kagkot, Lasicap, and down toward Dunai. The trail feels familiar now. What once felt remote and challenging starts to feel manageable. And honestly, walking downhill after the summit phase feels different. Lighter.

The descent is gradual, giving your body time to recover from the high altitude effort. We pass the same valleys and rivers, but with a new perspective. The toughest part of the Putha Hiunchuli Expedition is behind us, and these days are about steady movement and safe return.

Day 18: Day 25: Fly from Juphal (2475 m / 8120 ft) to Kathmandu

We take an early flight from Juphal to Nepalgunj, and then connect onward to Kathmandu. After weeks in remote valleys and high camps, the return to the capital feels almost unreal. Roads, traffic, noise, it all comes back at once.

Once in Kathmandu, you transfer to the hotel and finally get some real rest. A hot shower, a proper bed, and time to reflect. The long journey of the Putha Hiunchuli Expedition is nearly complete.

Day 19: Day 26: Buffer Day in Kathmandu (1400 m / 4593 ft)

This day is kept open in case of flight delays from the mountains. Weather in remote regions can be unpredictable, so having a spare day gives the whole Mount Putha Hiunchuli expedition some breathing space.

If everything runs smoothly, you can use this time to rest, explore a bit of Kathmandu, or just relax. After weeks of Putha Hiunchuli climbing, a slow day in the city actually feels pretty good.

Day 20: Day 27: Departure from Kathmandu

After breakfast, we transfer you to the international airport for your flight home. Bags packed. Gear checked. Expedition officially complete.

It’s the final step of the Putha Hiunchuli Expedition. What started as a plan is now a full story you carry with you. And just like that, the journey comes to an end.

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FAQ

1. How hard is the Putha Hiunchuli Expedition?

It is a challenging 7,000-meter expedition that involves a long approach trek and sustained climbing above 6,000 meters. Previous high altitude experience is strongly recommended for safety and success.

2. What permits are required for Putha Hiunchuli?

Climbers need a Mount Putha Hiunchuli climbing permit along with an Upper Dolpo Restricted Area Permit. These permits are arranged as part of the expedition logistics.

3. Is this climb suitable for beginners?

This climb is not suitable for beginners because it requires familiarity with crampon use, glacier travel, and high altitude endurance. Climbers should have prior experience on peaks around 6,000 meters.

4. What is the best time to go?

Spring and autumn are considered the most reliable seasons due to stable weather patterns, clear visibility, and safer climbing conditions compared to monsoon or winter.

5. What is included in the package?

The package typically includes domestic flights, permits, climbing guides, camping logistics, and expedition infrastructure. Personal expenses, insurance, and international flights are excluded.

6. How long is the trek to base camp?

The trek from Juphal to base camp usually takes around 8 to 10 days, depending on acclimatization stops and trekking pace, allowing gradual altitude gain before the climbing phase begins.